

## **Advice for Educators**

## Preparing to reconnect in the classroom

Depending on the type of event, classrooms and property might be physically unaffected, whereas other events might see the need for everyone to adhere to physical distancing rules. Other events might see property in need of repair, resulting in relocation and/or needing to be set up in temporary sites in local community buildings or sometimes tents.

- Communication is key. If your school or early childhood centre has already been using a range of channels to keep staff, students and whānau informed, then this is where these important messages can continue to be accessed and shared. Discuss and be clear as a staff about what your approach will be.
- Make your communication clear, calm and concise. Check your messages align with appropriate and reliable advice and be aware that not all whānau have access to receive communications in a crisis event so you might need to explore alternative ways to inform some families of what is happening.
- If you have experienced a pandemic lockdown and you cannot invite
  parents in to look at your physical distancing arrangements, consider
  making a short video or take some photographs of the procedures and
  layout so parents can feel reassured. This also means that students will not
  be surprised or upset when they arrive on their first day to see the new
  arrangements.
- Prepare staff for their return too. Talk about what they might find, what is expected, how their roles might change, what they might need to bring or do to make things easier for themselves as well as for the children.
- Discuss as a staff how you might manage any unexpected issues that might arise (for example, students you were not expecting, students you were but have not arrived, an unwell student or a staff member being unavailable).



## Helping teachers work with children when they first return to education following major traumatic or life-changing events

- Discuss also how you will keep staff safe. Are there any new procedures or drills? How will you manage staffroom, office, classroom and playground interactions. How will staff be able to share the extra load and yet take small wellbeing breaks during the day? You might need to have a staff-only preparation day.
- If it is not a pandemic situation, you might consider giving students and
  whānau a chance to visit the school on an informal 'open' day before
  school formally begins. In my study, when the students came back to
  school, many found comfort in familiar things their friends, their
  teachers, their classrooms, the school grounds. Give them time to
  reacquaint themselves with these aspects but also make sure to plan to do
  it in a calm and safe manner.
- Students will be confronted with many changes. They might need to learn new routines as well as try to remember the old ones. Try to find a balance. Students need to feel that amid the chaos there is some normality, but they will be very aware that life at present is not yet back to normal. What expectations and rules can be relaxed a little to take stress off staff and students? How will you explain these? But what routines are important to retain?
- Be prepared for talking about the event and its impact on us all. Consider
  what information or answers to questions are appropriate at each age
  level. Consider how you will support children who seem to be deeply
  affected by the situation. However, not all children will want to talk so
  don't push it; be guided by them.
- All early childhood centres and schools will be different. Some will have complex family needs, some will have staffing issues, others will need to think outside the box to cope with whatever surprises present themselves.
   The staff needs to find a way to move forward that best reflects the needs of their students and community.
- This is not time to judge what others have chosen to do or not do. Focus on what you can do best for your community.